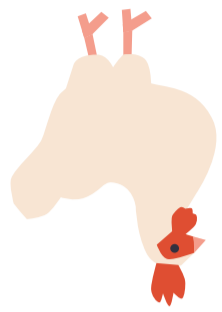
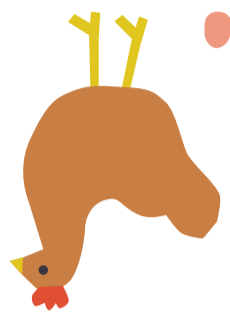


**Turkey**  
All of our turkeys are 100% British and live in light, temperature controlled sheds. They have access to food and water 24 hours a day. They are able to move around freely and interact with other Turkeys in a nice environment.



**Chicken**  
Chickens are bred to produce meat, unlike laying hens. We often check that our farmers are looking after our chickens by visiting the farms. Our chickens have been bred to grow big to provide you with as much tasty chicken as possible.



**Laying hen**  
Laying hens come in a variety of colours and body sizes - as do their eggs. All Co-op eggs are British and Free Range, which means the hens are able to roam around outdoors when the weather is nice and shelter in a barn when it's not.

## The difference between a laying hen and a chicken

### Did you know?

...that all these products are made with chicken?



Chicken salad



Chicken breast

...that all these products are made with turkey?



Christmas dinner



Turkey sandwiches

...that you can eat eggs in many different ways?



Poached egg



In a cake

### Fun facts about poultry:

The colour of a turkey's head and throat changes depending on their mood

A rooster is a male chicken

Turkeys can run up to 25 miles per hour

Hens lay eggs in all different colours, there are some breeds that even lay green, blue and pink eggs

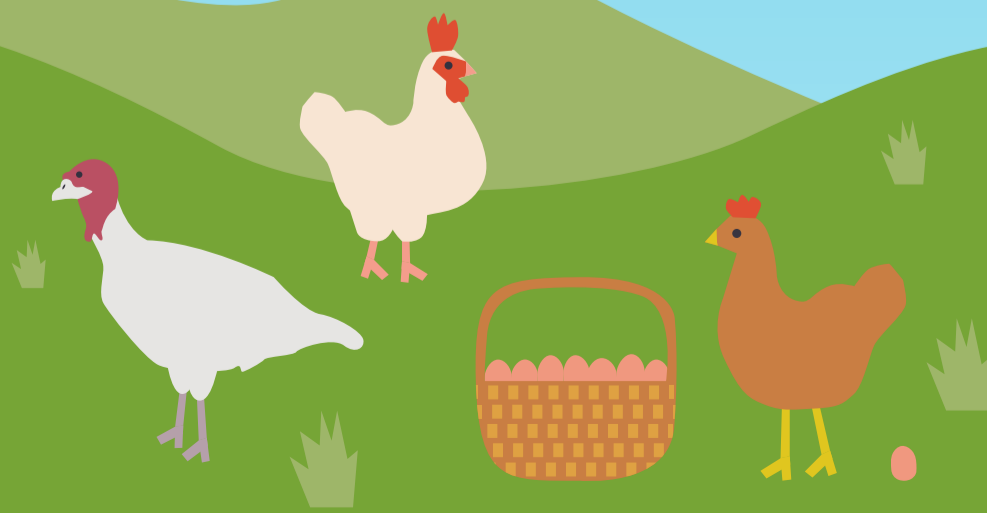
A group of chickens is called a flock

Chickens cluck after they lay an egg

Female chicks come into the world with a certain number of eggs inside of them and start laying them at 6 months old

There are around three times more chickens than humans on earth

A group of chicks is called a 'clutch' or 'peep'



## Co-op Poultry Farming Groups

The Co-op have created Farming Groups for Turkey, Chicken and Eggs.

The farmers chosen for each group look after their birds to a high standard and so we at Co-op support them by paying fair prices for their produce.

### Meet Joe, a member of our Co-op Chicken Farming Group

Joe ensures his chickens are healthy by letting them roam around and socialise with other chickens. His chickens begin their lives in hatcheries, where they are incubated and hatched into chicks that are then raised for meat. This type of chicken is known as a 'Broiler' chicken.



## Farm to fork

Chicken, turkey and eggs

This booklet belongs to

## Poultry

In farming, the term 'Poultry' is used for birds being raised for their meat or eggs. Chickens are social animals and when grouped together they set a 'pecking order', in which the most dominant chicken will have first choice of food and nesting location.

Chickens are very intelligent birds!

## Wake up to eggs

Eggs are a fantastic breakfast food, they are high in quality protein which is important for building and repairing the tissues in our bodies. Eggs can be eaten in many different ways and don't take long to cook.

Match the images below to their descriptions:

Boiled Egg

Fried Egg

Scrambled Egg



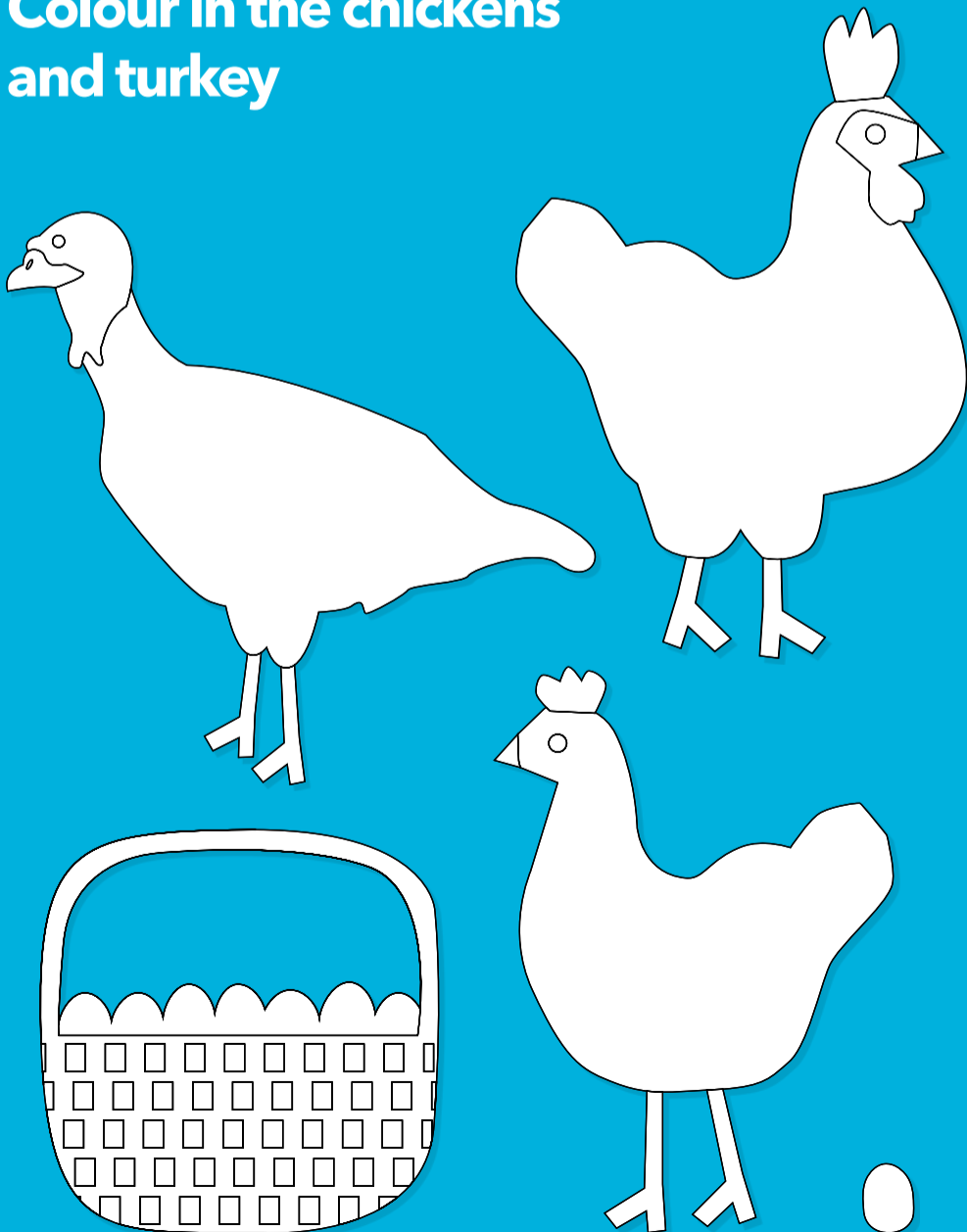
## Chicken comb

Do you use a comb for your hair? A chicken has a comb too but it has a very different use.

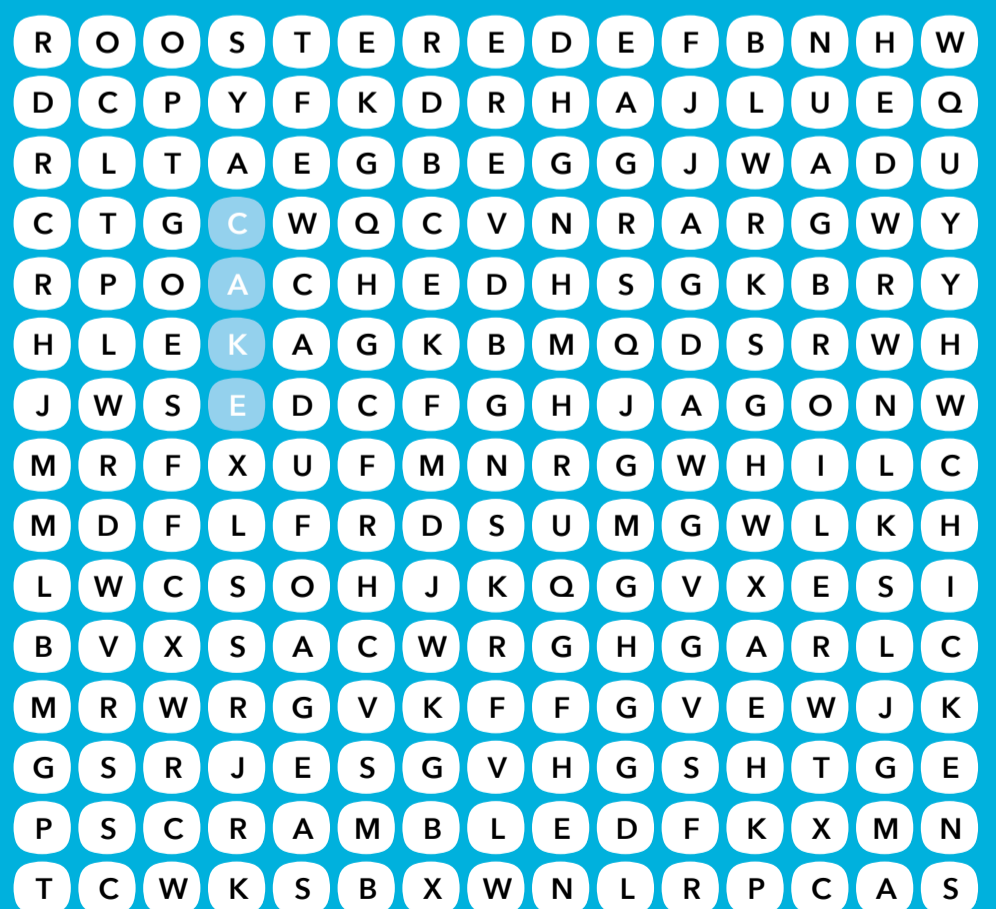
Unlike us humans, chickens can't sweat, so to keep cool their blood travels up to the comb on the top of their head where it cools down.



## Colour in the chickens and turkey



## Can you find all the poultry and egg related words?



- Cake
- Broiler
- Rooster
- Poached
- Egg
- Cluck
- Chicken
- Nugget
- Scrambled
- Hen
- Flock