

LEAF Open Farm Sunday 2020

Caring for the environment – the essential ingredient in your food

Sunday 7th June is your opportunity to see at first hand, how caring for the environment is an essential ingredient in the food we eat, as hundreds of farms around the country open their gates for the 15th annual LEAF Open Farm Sunday.

Interest in sustainability issues and climate change is at an all-time high. How our food is produced and where it comes from has a direct impact on the environment. Visiting a farm on LEAF Open Farm Sunday is a great day out giving everyone the chance to find out what farmers are doing in your area, to protect and enhance the countryside.



Photo credit: Craig Stephen



What we eat not only matters to us and our families but is directly linked to the health of our planet. Find out what farmers do to keep soil, plants and livestock healthy. Learn about farmers' role in producing nutritious food - from bread and breakfast cereals, kale and quinoa, to meat and milk. Get up close to pollinators like bees and butterflies that farmers nurture, to ensure we have plentiful crops including fruit and vegetables.

LEAF Open Farm Sunday Manager, Annabel Shackleton said: "With just over 70% of land in the UK used for farming, farmers have a critical role to play in addressing many of the pressing issues our planet is facing. Visiting a farm is a unique way to learn more about sustainable farming and the crops farmers grow. LEAF Open Farm Sunday is a fantastic opportunity to discover what



farmers are doing to protect natural resources like soil and water, and how they conserve and enhance wildlife habitats and it is a great day out for the whole family!”

Each LEAF Open Farm Sunday event on the 7th June is different – from the type of farm, to the activities available. These can include guided farm walks and nature trails, displays of impressive high-tech machinery, sheep shearing and tractor and trailer rides. They all offer a chance to talk to farmers who are responsible for producing not just the food we eat but also many other crops that we all need for our everyday lives, including clothes, fuel and medicines.

LEAF Open Farm Sunday is a fantastic way to discover the world of farming – visit www.farmsunday.org to find a farm opening near you.

-Ends-

For more information on LEAF Open Farm Sunday visit www.farmsunday.org

**For further information contact the LEAF Open Farm Sunday Press Office at
Ceres 01189 475 956 openfarmsunday@ceres-pr.co.uk**

Editor’s notes:

LEAF Open Farm Sunday is managed by LEAF (Linking Environment And Farming). LEAF is the leading organisation delivering more sustainable food and farming. It works with farmers, the food industry, scientists and consumers to inspire and enable sustainable farming that is prosperous, enriches the environment and engages local communities. LEAF has organised LEAF Open Farm Sunday since it began in 2006. (LEAF is a registered charity no: 1045781)

National sponsors of LEAF Open Farm Sunday 2019 included: Asda, Co-op, Marks & Spencer, Sainsbury’s, Tesco, and Waitrose, plus Arla Foods, Agriculture and Horticulture Development Board (AHDB), BASF, Defra, Farmers Weekly, Frontier Agriculture, John Deere, Kellogg’s, LEAF Marque and the National Farmers' Union (NFU).